

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Houtevelt Kyllian HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:2, starttime: 12:57
Heat: 2/15 Lane : 6 Athlete: BIESEMANS JANA					Q-time: 02:47:94
PB (50m pool): 02:53.76 Molenbeek 01/02/2026					PB (25m pool): 02:47.94 SB: 02:53.76 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:25.02	no time	02:53.76	
	no time				
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:10, starttime: 13:27
Heat: 10/15 Lane : 1 Athlete: DEROOST BEAU					Q-time: 02:41:26
PB (50m pool): 02:51.07 Sportoase De Watermolen 24/05/2026					PB (25m pool): 02:41.26 SB: 02:51.07 Sportoase De Watermolen 24/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.09	01:23.94	02:08.39	02:51.07	
	00:41.09	00:42.85	00:44.45	00:42.68	
					

Coach feedback: